

www.laglib.org

488 Freedom Plains Rd.
Freedom Executive Park
Poughkeepsie, NY 12603

Phone: (845) 452-3141
Fax: (845) 452-1974

LIBRARY HOURS

Monday
9:30am-8pm
Tuesday, Thursday,
Saturday
9:30am-5pm
Wednesday & Friday
2pm-8pm

LIBRARY CLOSINGS

Saturday, May 29 -
Monday, May 31
Memorial Day Weekend

Adult Programs



The BookBag Spring 2010

Open and discover what's happening @ LaGrange Library



Register online for our spring programs beginning March 1 by visiting www.laglib.org and clicking Calendar of Events.



Stay informed with what's happening at the library by subscribing to our monthly e-newsletter at www.laglib.org.

Brunch at BOCES

Thursday, March 25, 9-11am

Cost: \$8

Please note: In-person registration and non-refundable payment is required prior to the day of the tour, as space is limited.

We'll meet at BOCES on Salt Point Turnpike in Poughkeepsie at 9am for a delicious brunch prepared by Chef Darcy Sala and her students. Then we'll go behind the scenes for a tour of their Culinary Arts Department.



Walkway Over the Hudson

Monday, April 26, 6:30-8pm

Fred Schaeffer, Chairman of this non-profit organization, will chronicle the transformation of the Poughkeepsie-Highland railroad bridge to its current role as a linear park and trailway and discuss their plans for the future.

Get Started Kayaking

Monday, May 3, 6:30-8pm

Searching for a new way to enjoy the great outdoors? Discover kayaking! Don Urmston, of the Mid-Hudson Chapter of the Adirondack Mountain Club, will explain how to choose a kayak, where to paddle in the Mid-Hudson area and how to connect with other paddlers. Several kayaks and kayaking gear will be on display. Ideal for the beginner.



AARP Driver Safety Program

Saturday, March 27, 9am-3:30pm

Cost: \$12 AARP members
\$14 non-AARP members

Please note: In-person registration and non-refundable payment is required prior to the day of the class, as space is limited.

Make checks payable to: AARP.
Participants should bring a lunch.

Adult Poetry Writing Workshop

Wednesday, April 14, 6:30-8pm

Have you ever wanted to write poetry? We'll help you get those creative juices flowing and unleash your inner poet by using fun, simple writing exercises. All skill levels welcome.

Save Energy, Save Money

Monday, April 19, 6:30-8pm

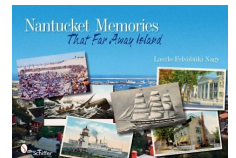
Looking for ways to reduce your energy costs? Laura Cornwall, from Cornell Cooperative Extension in Millbrook, will offer energy efficient alternatives, as well as information on programs and services available to qualifying households.



Nantucket Memories

Wednesday, May 5, 2-3pm

Explore Nantucket history through post card images collected and compiled by local author Laszlo Nagy in his unique book "Nantucket Memories: that far away island!" Share your own Nantucket memories!



Red Wing Nature Trail Walk

Wednesday, May 19 at 10am

We'll meet at Red Wing Park off Rt.82 in East Fishkill at 10am. Learn about the trail and enjoy a leisurely nature walk at your own pace.

Your guide to what's happening @ LaGrange Library

May is Older Americans Month

We're offering a variety of programs specifically designed for those 50 and older. Register online at www.laglib.org and click Calendar of Events or call 452-3141.

Board Game Afternoon

Tuesday, May 4, 2-3:30pm
Spend a pleasant afternoon playing popular board games, such as Scrabble and Apples to Apples.



Long Term Care Planning Seminar

Tuesday, May 11, 2-3:30pm
Steve Baumgartner and Cherie Bramley from Ameriprise Financial Advisors will be on hand to offer their expertise and answer questions regarding Long Term Care.

Final Chapter ... the benefits of funeral pre-planning

Wednesday, May 12, 6:30-8pm
It's not something we like to think about, but the benefits of pre-planning your funeral provide you with the time needed to make practical, detailed decisions that reflect your standards, lifestyle and budget. Local Funeral Director Timothy Doyle will be on hand to offer expert advice and answer questions so you can be assured that the choices you make will be carried out as planned and at the same time relieve the decision-making burden from your family at that emotionally stressful time.

Senior Tea & Chat

Thursday, May 13, 2-3pm
Join Library Director Lisa Karim to discuss programs you'd like to see offered at the library. We're anxious to hear your thoughts and ideas. Light refreshments and dessert will be served. Please RSVP by calling 452-3141 by May 6.



Arthritis Relief

**Tuesday, May 25, 11:30am-12:30pm or
Wednesday, May 26, 6:30-7:30pm**
Struggling with the aches and pain of arthritis? Licensed Acupuncturist Dr. Detlef Wolf will offer non-surgical approaches that are effective in relieving pain such as acupuncture, Chinese herbs and supplements.

Math & Physics Exploratorium

Thursday, May 27, 2-3pm
Solving math problems is a great way to exercise your mind! Dr. Irvin Miller will help you understand and enjoy math through the simple application of organization and pattern utilization. Discover how fun and easy math can be!



Knit One, Purl Too

1st Wednesday of each month at 6:30pm
Have you wanted to join our Knit & Crochet Group, but couldn't make it in the afternoons? We're starting a new group that meets once a month in the evenings. Stop by and bring your latest knit or crochet project. Our spring schedule is: March 3, April 7, May 5



Knit & Crochet Group

2nd & 4th Tuesdays of each month at 1pm
Our ever growing Knit & Crochet group meets twice a month to work on their latest projects, share ideas and just chat! Our spring schedule is: March 9 & 23, April 13 & 27, May 11 & 25

Brain Games

1st & 3rd Tuesdays of each month at 1pm
Simple memory, logic and word games can help improve your memory. Exercise your mind, share some laughs and just have fun! Our spring schedule is: March 2 & 16, April 6 & 20, May 4 & 18.



Friends of the Library Spring Better Book Sale

Wednesday, May 5 - Tuesday, June 1

April is National Poetry Month ...

Celebrated since 1996, it's a way to increase the awareness and appreciation of poetry. Watch for displays throughout the library and check out our new Poetry Nook where you can sit down, relax and listen to or read selected poems. We'll also be holding Poetry Workshops and invite you to take our annual Poetry Challenge. We have a lot planned, so stop by and join us in celebrating poetry!

